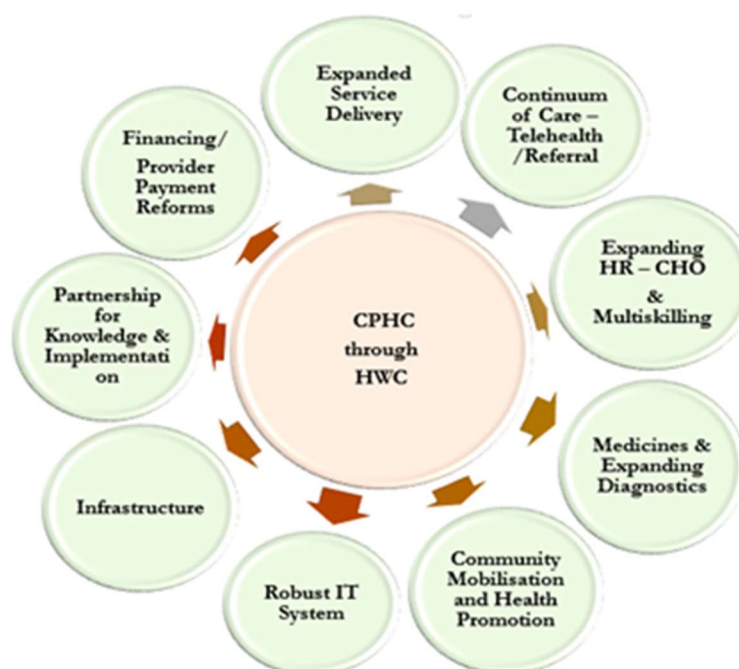


## Ayushman Bharat – Health & wellness Centre

National Health Policy 2017 envisages the establishment of Health and Wellness Centre (HWC) to provide comprehensive primary health care that is universal, free and closer to the community. To fulfill the aim, Health and Wellness Centre Program was launched in 2018. Under the program, existing Sub- Health Centres (SHCs) & Primary Health Centres (PHCs) are being transformed as Ayushman Bharat - Health & Wellness Centres (AB-HWCs) as well as Urban Primary Health Centres (UPHCs). In the State of Uttarakhand 1885 AB-HWCs will be operationalized by December 2022. The Health and Wellness Centres (HWCs) are envisaged to deliver an expanded range of primary healthcare services which address the basic primary healthcare needs of the entire population in their area thus expanding access, universality and equity in service delivery. The State of Uttarakhand has the approval for 1885 health care facilities to be upgraded into Health and Wellness Centres. Currently 1422 HWCs are operationalized with 987 Community Health Officers (CHOs) posted at SHC-HWCs.

### Key Components of AB-HWCs

The delivery of comprehensive primary health care through AB-HWCs is complex task as it requires a paradigm shift at all levels of health system. The operationalization of AB-HWCs requires several inputs.



The HWCs deliver an expanded range of services. These services are delivered at both SHCs and in the PHCs, which are transformed as HWCs.

- **Expanded Range of Services (12 Packages):** Services 1-6 were already being implemented while the 7<sup>th</sup> service is being implemented for the last two years. The trainings for the remaining services is in process and will be delivered by December 2022. Following are the 12 expanded range of services delivered at HWCs:

1. Care in Pregnancy and Child-birth.

2. Neonatal and Infant Health Care Services
3. Childhood and Adolescent Health Care Services.
4. Family Planning, Contraceptive Services and other Reproductive Health Care Services
5. Management of Communicable Diseases: National Health Programmes
6. General Out-patient Care for Acute Simple Illnesses and Minor Ailments
7. **Screening, Prevention, Control and Management of Non-communicable Diseases**
8. Care for Common Ophthalmic and ENT Problems
9. Basic Oral Health Care
10. Elderly and Palliative Health Care Services
11. Emergency Medical Services including Burns and Trauma
12. Screening and Basic Management of Mental Health Ailments