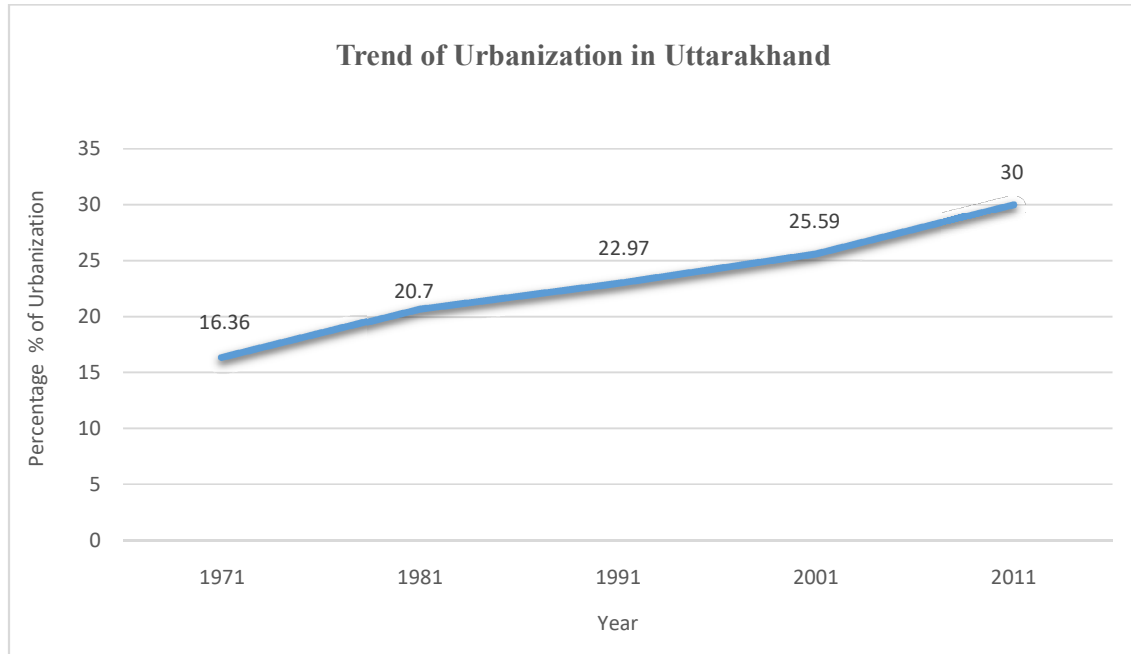


National Urban Health Mission- Uttarakhand

- As per census 2011 the urban population of state of Uttarakhand is 30.5 Lakh including cantonments & census towns.
- The overall urbanization rate, which is around 30.2%, of Uttarakhand is comparable with the national average of 31.2%.
- Average annual urban growth rate of 4.0% is much high compared to rural growth rate 1.2% of the state.



- NUHM is a subsidiary of NHM, operating Urban Primary Health Centers (UPHCS) since 2015, for providing the Primary Health Care of the Urban slums.
- These UPHCs mainly serve the urban slum population and the UPHCs are in the slum or 500 meters from the slum.

Services offered in UPHCs

1. Primary Health Care
2. ANC
3. PNC
4. Family Planning
5. Immunization
6. ICTC
7. Wellness activities
8. Screening of Diabetes, Hypertension, Oral & Cervical cancer
9. Communicable disease
10. Emergency services
11. IEC/BCC, counseling etc.

12. Outreach activities

Each UPHC should have 1 emergency bed.

Free Drugs & Diagnostics

- 19 lab tests in UPHCs are conducting free of cost and
- Free medicines

Human Resources:

- Medical officer-1
- Staff Nurses- 1 in PPP mode 2 in Govt mode
- ANMs-5
- Lab Technician-1
- Pharmacist-1
- Public Health Mangers-1
- Support staff-1

District Wise UPHCs in Uttarakhand:

District	Urban	Govt Mode	PPP Mode	Total UPHCs
Dehradun	Dehradun	0	12	14
	Rishikesh	2(AIIMS)	0	
Haridwar	Haridwar	0	5	11
	Roorkee	1(Govt. building)	5	
Nainital	Haldwani	1(Govt. Building)	3	5
	Ram Nagar	0	1	
US Nagar	Rudrapur	3	0	6
	Kashipur	2	0	
	Jaspur	1	0	
Pauri	Kotdwar	1	0	1
Total		11	26	37

Dehradun: UPHCs

1. UPHC Adhoiwala
2. UPHC Bakralwala
3. UPHC B.S. Colony
4. UPHC Chuna Bhatta
5. UPHC Deepnagar
6. UPHC Gandhigram
7. UPHC Jakhan
8. UPHC Kargi
9. UPHC Khurbura

10. UPHC Majra
11. UPHC Rithamandi
12. UPHC SeemaDwar
13. UPHC Chandreshwar Nagar
14. UPHC Shanti Nagar

Haridwar: UPHCs

1. UPHC Jwalapur I
2. UPHC Jwalapur II
3. UPHC Kankhal
4. UPHC Ramdham Colony
5. UPHC Tibdi
6. UPHC Chandrapuri
7. UPHC Ganeshpur
8. UPHC Mahigran
9. UPHC PuraniTahsil
10. UPHC Salempur
11. UPHC Solanipuram

Nainital : UPHCs

1. UPHC Banboolpura
2. UPHC Kathgodam
3. UPHC Rajpura
4. UPHC Shani Bazar
5. UPHC Ramnagar

UdhamSingh Nagar: UPHCs

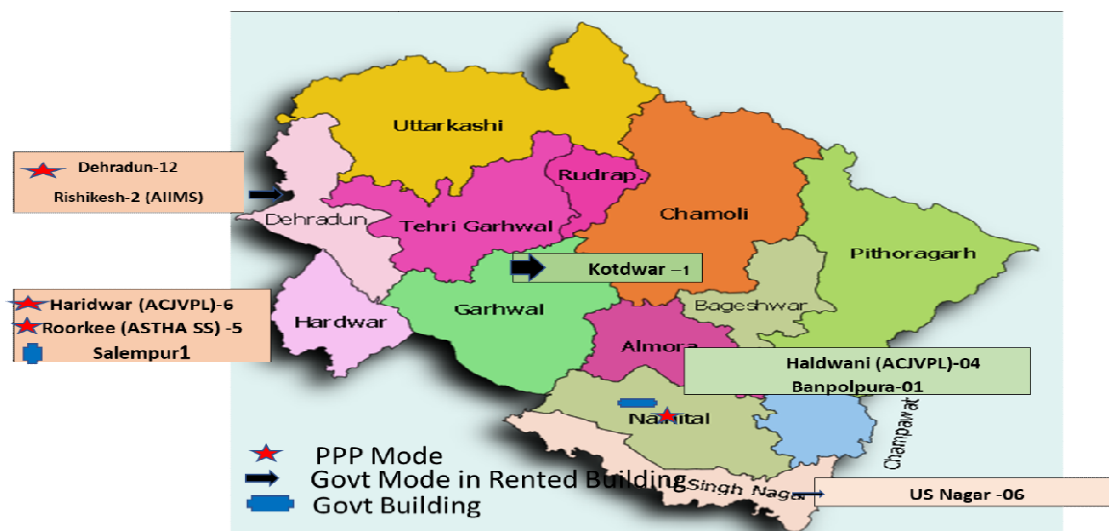
1. UPHC NaiBasti
2. UPHC Alikhan
3. UPHC Mahespura
4. UPHC Khera
5. UPHC Rampura
6. UPHC Transit Camp

Pauri: UPHC

1. UPHC Kotdwara

UCHCs:

1. UCHC Bhupatwala- under construction (95% completed)
2. UCHC Mehuwala- under Construction



UPHC Wise Population, Uttarakhand, India.			
S.N.	District Name	No of UPHC	Population Covered
1	Dehradun	12	614201
2	Dehradun (Rishikesh)	2	61000
3	Haridwar	5	424884
4	Haridwar (Roorkee)	6	260467
5	Nainital	5	233128
6	PauriGarhwal	1	10000
7	Udam Singh Nagar	6	334440
Total		37	1938120

MahilaArogyaSamiti:

- Provide a platform for convergent action on social determinants and all public services directly or indirectly related to health.
- Provide a mechanism for the community to voice health needs, experiences and issues with access to health services.
- Generate community level awareness on locally relevant health issues and to promote the acceptance of best practices in health by the community.
- Focus on preventive and promotive health care activities and management of untied fund.
- To enhance community participation, groups of community women called MahilaArogyaSamitis will be formed in slum and slum-like areas.
- These groups will conduct monthly meetings facilitated by the ASHA to discuss issues faced by the community, and mobilize action for resolving them.
- They will be given a fund of Rs. 5000 per year through accounts opened for each MAS group.

Performance Indicators:- FY 2022-23						
S.N.	District Name	Pregnant women registered for ANC	Number registered within 1st trimester	PW received 4 or more ANC check ups	Full Immunization	Allopathic-OPD
1	Dehradun	6967	4502	5620	5698	251085
2	Haridwar	9681	8323	7626	9377	229101
3	Nainital	5008	4534	3860	3804	99748
4	PauriGarhwal	49	49	29	108	20850
5	Udam Singh Nagar	8089	7387	6727	6612	42935
Total		29794	24795	23862	25599	643719