



## **NUHM**

The National Urban Health Mission (NUHM) as a sub-mission of National Health Mission (NHM) has been approved by the Cabinet on 1st May 2013.

NUHM envisages to meet health care needs of the urban population with the focus on urban poor, by making available to them essential primary health care services and reducing their out of pocket expenses for treatment. This will be achieved by strengthening the existing health care service delivery system, targeting the people living in slums and converging with various schemes relating to wider determinants of health like drinking water, sanitation, school education, etc. implemented by the Ministries of Urban Development, Housing & Urban Poverty Alleviation, Human Resource Development and Women & Child Development.

NUHM seeks to improve the health status of the urban population particularly slum dwellers and other vulnerable sections by facilitating their access to quality primary health care. NUHM would cover all state capitals, district headquarters and other cities/towns with a population of 50,000 and above (as per census 2011) in a phased manner. Cities and towns with population below 50,000 will be covered under NRHM.

---

## NUHM Goals

---

- Need based city specific urban health care system to meet the diverse health care needs of the urban poor and other vulnerable sections.
- Institutional mechanism and management systems to meet the health-related challenges of a rapidly growing urban population.
- Partnership with community and local bodies for a more proactive involvement in planning, implementation, and monitoring of health activities.
- Availability of resources for providing essential primary health care to urban poor.
- Partnerships with NGOs, for profit and not for profit health service providers and other stakeholders.

## NUHM Framework for Implementation

---

In order to effectively address the health concerns of the urban poor population, the Ministry has launched the sub-mission National Urban Health Mission (NUHM) under NHM. The Mission Steering Group of the NHM will be expanded to work as the apex body for NUHM also. Every Municipal Corporation, Municipality, Notified Area Committee, and Town Panchayat will become a unit of planning with its own approved broad norms for setting up of health facilities. The separate plans for Notified Area Committees, Town Panchayats and Municipalities will be part of the District Health Action Plan drawn up for sub-mission NUHM. The Municipal Corporations will have a separate plan of action as per broad norms for urban areas.

## NUHM in Uttarakhand

---

Seeing the poor health indicators of urban areas the state initiated 21 Urban Health centers in 4 cities of Uttarakhand ( Dehradun, Haridwar , Roorkee and Haldwani) under NRHM in 2010-11. These Urban Health centers were mainly providing RCH services and total staff posted in each centers was 7. These Urban Health Centers were operational till 31<sup>st</sup> July 2015. Under NUHM the state received approval of operating 36 UPHC's in PPP mode in 2015-16. In 2017-18 39 UPHCs were functional and closed down the UPHCs in March 2018.

33 UPHCs restarted in June 2019 and later on the Govt Mode UPHCs added in the state. Presently 38 UPHCs (27 in PPP mode & 11 in Govt mode) are operational as Ayushman Bharat-Health & wellness centre.

District	Name of Urban	Name & Address of UPHC	Govt Mode/PPP mode	Name & Contact details of PHM/Other staff.	
Dehradun	Dehradun (Cluster A)	1.Kat Bangla UPHC Kath Bangla, Canal Road	PPP mode-Samarpan Society	Mr.Sumit Negi, PHM, Mob No 9639344717	
		2.Reeta Mandi UPHC,87/2 .Tyagi Road, Dehradun	PPP mode-Samarpan Society	Ms.Rajkumari, PHM ,Mob No. 9105869270	
		3.Majra UPHC,Brahampuri chowk, Gurunanak Enclave	PPP mode-Samarpan Society	Ms.Ragini Maourya, PHM, Mob No. 7983499028	
		4.Seemadwar UPHC,Malik chowk, Shastri Nagar Khala	PPP mode-Samarpan Society	Ms.Jyoti Khoshala, PHM, Mob No. 8979332177	
		5.Gandigram UPHC, Near Sattu Walli Ghati,Gandhigram,Dehradun	PPP mode-Samarpan Society	Ms.Shabina,PHM. Mob No. 8630655600	
		6.Kargi UPHC,Chandan Vihar, Near Shiv Temple.,Kargi,Dehradun	PPP mode-Samarpan Society	Mr.Ashok Bhatt, PHM,Mob No.9759486083	
	Dehradun	Dehradun (Cluster B)	7.Bakaralwala UPHC, Bakralwala Main Road, Dehradun	PPP Mode- SPD	Ms.Simple Jugran, PHM Mob. No.9897997343
			8.CunnabhataUPHC, Raksha Vihar, Near Pani ki tanki, Chunabhata	PPP Mode-SPD	Mr.Sanu Kumar, PHM, Mob No.9756838458
			9.Bhagat Singh Colony UPHC, Near Social Welfare Office, Dehradun	PPP Mode-SPD	Mr.Rakhi Chetri, PHM, Mob No.6397444926
			10.Deep Nagar UPHC, Deepnagar, Near SBI ATM, Ajabpur Kalan, Dehradun	PPP Mode-SPD	Ms.Sheela Rawat, PHM, Mob No.7457034323
			11.Khurubhura UPHC, House No. 266 D, Near S.G.R.R School, Talab Jhanda Mohalla, Khurbura, Dehradun	PPP Mode- SPD	Ms.Laxmi Bisht PHM, Mob No.9760264916
			12.D.L road/Adoiwala	PPP Mode-SPD,Dehradun	Mr.Amit Singh, PHM, Mob No.8449624574
			Rishikesh	13.Adarshgram	Govt.Mode(AIIMS,Rishikesh)
	14.Shanti Nagar	Govt Mode(AIIMS,Rishikesh)		Dr.Nishant Tyagi,Medical	

				officer, Mob No.9717486585	
Haridwar Dist	Haridwar	15.Bhupatwala UPHC, Near Sukhi Nadhi, Haridwar.	PPP Mode, DGUS, Haridwar	Ms.Sahnaz, PHM, Mob No. 7310897531	
		16.Jwalapur-1 UPHC, Pav Dhoi Mohalla ,Jwalapur, Haridwar	PPP Mode, DGUS, Haridwar	Ms.Aanchal Aswal, PHM, Mob No. 7060154721	
		17.Jwalapur-2 UPHC, Ambedkar Nager (Ambedkar Murti kay pass) ,Jwalapur, Haridwar.	PPP Mode ,DGUS, Haridwar	Ms.Ayushi, PHM, Mob No.8755070691	
		18.Tibdi UPHC, Shivlok Colony, Haridwar	PPP Mode, DGUS, Haridwar	Ms.Tannu, PHM, Mob No.9084467937	
		19.Kankhal UPHC, Near Polica Thana, Kankhal, Haridwar.	PPP Mode, DGUS, Haridwar	Ms.Priti Atri, PHM, 7060709986	
		20..Ram Dham Colony UPHC, Ganga Vihar Colony, Haridwar.	PPP Mode, DGUS, Haridwar	Mr.Deepak, PHM, Mob No.9997378087	
	Roorkee	21.Purana Tehsil UPHC, Near Vishwakarma Chowk- Idgah Road, Purana Tehsil, Roorkee	PPP Mode, FRIENDS, Haridwar	Ms.Rashmi Saini, PHM, Mob No.9997887721	
		22.Ganeshpur UPHC, (Near Malviya Chowk), Opposite xiomi mob showroom, Ganeshpur, Roorkee	PPP Mode, FRIENDS, Haridwar	Ms.Renu PHM, Mob No.6396788253	
		23.Chandrapuri UPHC, Drona IAS Coaching Training Institute wali gali, Chandrapuri, Roorkee	PPP Mode, FRIENDS, Haridwar	Ms.Geeta Joshi, PHM, Mob No. 6397288344	
		24.Mahigran UPHC, Near Noor Masjid, Near Mahigran, Roorkee	PPP Mode, FRIENDS, Haridwar	Ms.Neha Khashyap, PHM, Mob No.6395353563	
		25.Adarsh Nagar, Jain mandir wali gali, Adarsh Nagar, Roorkee	PPP Mode, FRIENDS, Haridwar	Ms.Deepa Sharma PHM, Mob No.08630078328	
		26.Salempur UPHC, Ram Nagar Block Campus, Roorkee.	Govt Mode (Got Building)	Ms.Sama Praveen, Staff Nurse, Mob No.7533883598	
	Nanital	Haldwani	27.Banboolpura UPHC, Nai Basti , Indira Nagar, Near Ashtana Masjid, Haldwani.	Govt. Mode (Govt building)	Ms.Karishma , Staff Nurse, Banboolpura, Mob No.7217828210
			28.Katdodam UPHC, Narottam Inn Shismahal, Chauraha near water filter	PPP Mode, Bombay Hospital & Research Institute, Haldwani	Mr.Rishab Pratap, PHM, Mob No.9058265407

		plant ,Kathgodam		
		29.Shani Bazar UPHC, Mustafa Bilali Masjid Uttar Ujala Sanibazar near Uttar Ujala Press,Haldwani.	PPP Mode, Bombay Hospital & Research Institute, aldwani	Mr.Lal Singh Kaira,PHM, Mob No.7906990504
		30.Rajpura UPHC, Jawahar Nagar,Near Samsaan Ghatt Road ,Rajpura,Haldwani	PPP Mode, Bombay Hospital & Research Institute,Haldwani	Mr.Deepak Gupta, PHM, Mob No.7017391348
	Ram Nagar	31..Ram Nagar UPHC, Ashiyana Colony, Gulargatti Near Canal Road,Ram Nagar.	PPP Mode, Bombay Hospital & research institute,Haldwani	Mr.Sachin Bisht Mob No.8077602977
Udam Singh Nagar	Rudrapur	32.Khera UPHC, Near Sai Mandir, Bus Stop Rudrapur,US Nagar	Govt. Mode(in rented building)	Ms.Monika Chowla, Staff Nurse, Mob No.6307850618
		33..Trasist Camp UPHC, H.No.B 11, Durga Mandir Samne wali Gali, T. Camp,Rudrapur.	Govt. Mode(in rented building)	Ms.Babita, Staff Nurse, Mob No.9639758000
		34.Rampura UPHC,Near Indira Chowk, Balmiki Gate,Bhootbangla,Rampura	Govt. Mode(in rented building)	Mr.Kishan Lal, Staff Nurse, Mob No.9690018916
	Kashipur	35.Ali Khan UPHC,Foolo Wali Galli,Ganga Baba Chouk,Ali Khan,Kashipur.	Govt. Mode(in rented building)	Ms.Radha Rani,Staff Nurse, Mob No.7906064720.
		36.Maheshpura UPHC, Arya Nagar, Muradabad Road, Kashipur	Govt. Mode(in rented building)	Ms.Monika Kandpal,Staff Nurse, Mob No.7248560896
	Jaspur	37.Nai Basti UPHC, Faijaam Road, Near Madeena Mazid, Jaspur	Govt. Mode(in rented building)	Mr.Naresh Arya,Staff Nurse, Mob No.9917682143
Pauri Garhwal Dist	Kotdwara	38.Gadighatt UPHC, Near SBI Vikash Nagar, Gadighat ,Kumbhichor, Kotdwara	Govt. Mode(in rented building)	Ms.Aradhana Charles ,Staff Nurse, Mob No.9259305466

## Services provided by UPHCs.

Area of Services	Beneficiary	Services delivery package under UPHC
UPHC-AB HWC	All urban population will get the primary health care in UPHCs, including slum population, Vulnerable population such as homeless, Rickshaw pullers, street children, migrants, factory workers, etc	1. Primary health care cum Health & Wellness Centre services.(NCD services with wellness activities(Yoga sessions)
Maternal Health	All urban female population	ANC, PNC, initial management of complicated delivery cases and referral, management of regular maternal health conditions, referral of complicated cases.
Family welfare	All urban population will get the benefits of Family planning, including slum population, Vulnerable population such as homeless, Rickshaw pullers, migrants, factory workers, etc	Distribution of OCP/CC, IUD insertion, referral for sterilization, management of contraceptive related complications
Child health and nutrition	All children among urban population , including slum population, Vulnerable population such as homeless, Rickshaw pullers, street children, migrants, factory workers etc.	Diagnosis and treatment of childhood illnesses, referral of acute cases/ chronic illness Identification and referral of neonatal sickness. Immunization ,UHND etc
RTI/STI (including HIV/AIDS)	All urban population including slum population, Vulnerable population such as homeless, Rickshaw pullers, street children, migrants, factory workers etc	Symptomatic Diagnosis and primary treatment and referral of complicated cases
Nutrition deficiency disorders	All urban population	Diagnosis and treatment of seriously deficient patients, referral of acute deficiency cases
Vector-borne diseases	All urban population	Diagnosis and treatment, referral of terminally ill cases
Mental Health	All urban population	Initial screening and referral
Oral Health	All urban population	Diagnosis and referral
National Programmes	All urban population	<b>Implementation of All the National / State Health Programmes like RKSK, RBSK, NMHP, NTCP, RNTCP, IDSP, NPCB, NPCDCS, NCD, NVBDCP etc.</b>
Chest infections (TB/ Asthma)	All urban population	Diagnosis and treatment, referral of complicated cases; RNTCP DOTS – Diagnostic and Treatment Services
Cardio-vascular diseases	All urban population	Diagnosis and treatment and referral during specialist visits
Diabetes	All urban population	Diagnosis and treatment, referral of

		complicated cases
Cancer	All urban population	Identification and referral, follow-up of under-treatment patients
Trauma care (burns & injuries)	All urban population	First aid , emergency resuscitation, documentation for MLC (if applicable) and referral
Other surgical interventions	All urban population	Identification and referral
IEC/BCC	All urban population	Distribution of health/hygiene education material
Counseling	All urban population	Patient/attendant counseling
Emergency Services	All urban population	Emergency management system until the ambulance arrives for further referral of the patient to the higher centre.

### **HR Position in UPHCs**

S.No	Designation	Govt. Mode UPHCs	PPP Mode UPHC	Qualification
1	Medical Officer(Full time)	01	01	MBBS with Uttarakhand medical Council registration
2	Staff Nurse	02-03	01	Bsc(Nursing)/GNM with Uttarakhand Nursing Council registration
3	ANMS	4-5	5	ANM with Uttarakhand Nursing Council Registration
4	Pharmacist	1	1	B.Pharm/D.Pharm with Uttarakhand Pharmacy council registration
5	Lab Technician	1	1	Degree/Diploma in Laboratory technology with Uttarakhand Para medical council registration
6	Public Health Manager	0	1	PG in Social work/MBA/MSW/MHM with experience
7	Support staff	1	2	8 <sup>th</sup> pass

### **Supportive Supervision Plan (Monitoring team)**

S.No	Supportive mechanism	Staff Involved	Area of supervision	Remarks
1	State program Management unit	1.State Urban Health Manager 2.Account cum admin Manager	Entire NUHM UPHC activities in state level	Dehradun, Haridwar, US Nagar, Nainital & Pauri Garhwal(38 UPHCs)
2	City Program Management Unit-Dehradun	1.City Urban Health Officer 2.Accounts cum Admin Officer	Dehradun Dist Urban Health Monitoring(14 UPHCs)	Dehradun-12 UPHCs in PPP mode & Rishikesh- 2 UPHCs in Govt. Mode.
3	City Program Management Unit-Haridwar	1.City Urban Health Officer 2.Accounts cum Admin Officer	Haridwar Urban & Kotdwar(Pauri Garhwal) urban health monitoring	Haridwar-6 UPHCs in PPP mode& Kotdwar-1 UPHC in Govt. mode
4	City Program Management Unit-Roorkee	1.City Urban Health Consultant 2.Accounts cum	Roorkee Urban PHC urban monitoring	Roorkee-5 UPHCs in PPP mode & 1 UPHC in Govt. mode

		Admin Officer		
5	City Program Management Unit-Haldwani	1.City Urban Health Officer 2.Accounts cum Admin Officer	Nainital Dist & US Nagar Dist. Urban PHC monitoring	Haridwar-3 UPHCs & Ram Nagar-1 UPHC in PPP mode & Haldwani-1 UPHC & US Nagar 6 UPHCs in Govt. mode

#### NGO/PPP details

Distri cts	Urban	Name & Address of Partner	No of UPHCs in PPP mode	Bid Amount/An num in (Rs)	Grant released 2019-20(Rs)	Grant released 2020-21(Rs)	Grant released 2021-22(till Sep 21)(Rs)
Dehradun	Dehradun A	Samarpan Society,22,Inder Road,Dehradun-248001	6	1,81,13,130	1,48,27,998	1,64,80,844	88,93,073
	Dehradun	Society for people Development,90,Mayur Vihar,Sahastradara Road,Dehrdaun-248001	6	1,75,38,000	1,43,37,632	1,58,68,478	86,14,247
Haridwar	Haridawr	Dharum Gramin Utthan Sansthan(DGUS),Near Prem Nagar Ashram, Delhi Road,Haridwar-249407.	6	1,79,46,000	1,45,79,339	1,75,20,736	89,41,259
	Roorkee	Forum For Rural Infrastructural, Environmental & National Development Society(FRIENDS), House No.344-MIG,Vivek Vihar Colony,P.O, Jwalapur, Haridwar Dist-249407.	5	1,49,70,000	1,21,77,571	1,46,69,391	74,41,112
Nainital	Haldwani & Ram Nagar	Bombay Hospital & Research Centre Pvt Ltd., Near Surrabh Hotel,Avas Vikas Road,Hadwani,Nainital Dist.	4	1,13,08,000	93,94,751	1,10,29,634	56,22,166
US Nagar	Rudrapur, Kashipur & Jaspur(in 2019-20)	Dharum Gramin Utthan Sansthan(DGUS),Near Prem Nagar Ashram,Delhi Road,Haridwar-249407.	6	1,49,46,000	3658946( June 2019-Aug 2019)	0	0

#### Building under Construction

S.No	Description	Total approval(Cost)	Expected date of Completion	Executing agency
1	New Construction-Urban Community Health Centre(30 bedded)	Rs.9. 87 cores	18 months after starting the work	BRIDCUL