

## **Training Overview**

National Health Mission (NHM), capacity building of concerned health functionaries and allied staff is being given prime importance. Skill based and knowledge based trainings are being implemented to improve the skills & knowledge of service providers and exclusive trainings for creating awareness to the community on availability and utilization of health care services. Based on the training needs assessment, requirement of training programmes both at institutional and field level is being prepared from district/area specific data and district programme managers plan and included in the programme implementation plan of the State. Programmes approved by the NPCC are being implemented as follows:-

1. Skill based trainings; through major Government health institutions and 2 Regional Training Institutes.
2. Knowledge based trainings; Through 2 Regional Training Institutes and district /block training teams.
3. Community based trainings; through the district /block training teams

### **IMNCI Training Integrated Management of Neonatal and Childhood Illness (IMNCI)**

IMNCI is a strategy that targets children less than 5 years old, the age group that bears the highest burden of deaths from common childhood diseases. The IMNCI strategy includes both preventive and curative interventions that aim to improve practices in health facilities, in the health system and at home. It specifies integrated case management of the most common neonatal and childhood problems with a focus on the most common causes of death. The strategy includes three main components.

- Improvements in the case-management skills of health staff through the provision of locally-adapted guidelines on IMNCI and activities to promote their use.
- Improvements in the overall health system required for effective management of neonatal and childhood illness.
- Improvements in family and community health care practices.

### **Facility Based New Born Care Training**

This training is being provided at to staff nurses and Paediatrician of SNUCs followed by observership programme for 14 days at Medical College Hospitals. New Born Stabilization Unit (NBSU) training is also provided to Doctors and staff nurses for 4 days.

### **SBA Training (Skilled Birth Attendant)**

Skilled Birth Attendant training of 21 days duration is imparted to PHC staff nurses to improve their skills for conducting normal deliveries, identify high risk deliveries and early referral and care of mother and newborn baby during and after delivery.

### **BEMOC Training (Basic Emergency Management of Obstetric care)**

This is a 10 days training being imparted to the medical officers to update their skills in managing complications arising during intra natal period. The purpose of this training is to enhance the capability of MBBS doctors posted at 24 x 7 PHCs and CHCs, so that they become proficient in identifying and managing basic obstetric complications and develop the necessary skills and competencies to provide essential obstetric and newborn care at the point of first contact with the client.

### **RTI/STI Training (Reproductive Tract Infection / Sexually Transmitted Infection):**

A three day training was imparted to the medical officers and two day trainings is being imparted to the staff nurses and lab technicians to upgrade their knowledge in Syndromic approach for diagnosis and treatment of Sexually Transmitted Diseases.

### **Maternal and Child Health Skill Lab Training**

This hands-on-training is being imparted to all the medical Officers and staff nurses related to maternal and child health in the skill labs established in Haridwar.

## Training Adolescent – Friendly Health Services (RKSK-AFHS)

A four days training was imparted to the medical officers and five days trainings for ANM/LHV is being imparted to upgrade their knowledge in Syndromic Approach in Reproductive & Sexual Health, Nutrition Injuries and Violence (including gender based violence), Non-communicable diseases, Mental Health and Substance misuse services to adolescents.

The Peer Educators who are selected by members of VHSNC based on their educational qualification, communication skills, motivation and interest to lead RKSK activity.

The Peer Educators (PEs) in the programme are adolescents between 15 and 19 years of age. PEs will undergo six days of non residential training concerning various components of RKSK. These trained PEs will be the most important link between the service providers and the adolescents in the community and hence will be the key to the success of the RKSK.

## Rashtriya Bal Swasthya Karyakram Training (RBSK)

Government of India's initiative, Rashtriya Bal Swasthya Karyakram (RBSK) is a child health screening and early intervention service with the aim to screen all the children from 0-18 years for four Diseases - Defects at Birth, Diseases, Deficiencies and Developmental Delays including Disabilities. Child Health Screening and Early Intervention Services also aims at reducing the extent of disability, at improving the quality of life and enabling all persons to achieve their full potential. Training of the personnel involved in Child Health Screening and Early Intervention Services is an essential component of the programme as it would be instrumental in imparting necessary information and skills required for child health screening and enhancing the performance of all the personnel involved in the health screening process at various levels.